

**UNIVERSITY of OXFORD SPORTS DEPARTMENT****OXFORD UNIVERSITY RISK ASSESSMENT SKI AND SNOW BOARD****DATE: 30 October  
2015**

<b>Who might be harmed</b>	<b>HAZARD</b>	<b>Risk</b>	<b>Control Measure in place</b>	<b>Further Risk reduction required Y / N</b>
Participants	Drugs and Alcohol	Minor / Major injury	The Consumption of alcohol and non prescribed drugs is prohibited	
Participants	None qualified / insured instructors / coaches	Unsafe practice	Club Committee to ensure that the coach / instructor is qualified and insured and where applicable a CRB is completed	
Participants	Equipment failure	Minor / major injuries	Club Committee to ensure necessary equipment checks and servicing has been completed and documented  Responsibility for correct adjustment delegated to the professional ski hire staff who must supply most members. Skiers should refrain from swapping equipment.	
Participants	Slips, trips , falls	Minor injury	Club Committee to ensure that the facility and is clean and fit for purpose	
Participants	Extreme temperatures	Minor / Major Injury	It is the responsibility of each participant to wear sufficient and appropriate clothing in between training so they are warm when they race.	

Participants	Race Training Faster speeds	Minor / Major injury	Instructors present on specially designated slopes during racing and race training to supervise and prevent skier collisions and increase safety. Appropriate safety equipment will reduce the risks (hand/arm/pole guards, leg protection, shin guards, helmets and body armour) and are recommended to participants. Helmets are compulsory for race training. Those race training to be briefed by instructors on the dangers specific to a race training environment, e.g. proximity of training lanes as well as actions on (falling, having someone ski across you etc.).	
Participants	Fire	Burns / fatality	Club Committee to ensure a safety brief at the beginning of sessions includes what to do in the event of a fire, location of nearest exits, fire assembly points.	

<p>Participants Public</p>	<p>Travel</p>	<p>Major incident / accident , Fatality</p>	<p>Club Committee to check the insurance of car drivers. Drivers to comply with current Road Safety laws and have a full driving licence.</p> <p>Hire vehicles drivers MUST have passed the University accredited driving course. Drivers must be 21 or over.</p> <p>Trip resignation forms to be sent to the Sport Federation no later than 5pm on the Thursday before the fixture. Sports fed will forward the form to security services.</p> <p>The registration form for trips aboard MUST be sent a minimum of 1 month prior to the trip departing. Club Committee to supply Safety officer with travel insurance details and trip Risk Assessment.</p> <p>In the event of a major accident security services must be contacted 01865 289999</p>	
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	<p><b>General Accidents</b> Collisions with other skiers, lifts and rocks. Possible breaks to limbs, concussion, open wounds, facial injuries, muscle injuries and worst case scenario – fatalities.</p>		<p>General advice on slope etiquette is posted around the resort. Caution advocated. Ski Patrol Officer in resort at hand to assist. Each skier must stay aware of the risks and always be on the lookout for the people around and be especially careful when stopping on the slope.</p> <p>The Club and members should follow the general Ski-Code:</p> <ul style="list-style-type: none"> <li>• Respect for others.</li> <li>• Control of speed.</li> <li>• Choice of route.</li> <li>• Overtaking.</li> <li>• Starting or entering a piste.</li> <li>• Stopping on the piste.</li> <li>• Climbing and descending on foot.</li> <li>• Respect for signs and markers.</li> <li>• Assistance at accidents and identification.</li> </ul> <p>For snowboarders the wearing of wrist protectors can help reduce injuries to the wrist</p>	
	<p><b>Lifts:</b></p>		<p>Resort staff to supervise lifts, stopping them if there are any such problems and dissuading improper use.</p>	

	<b>Environment:</b>		<p>Advice given to skiers to wear high factor sunscreen, hat, 100% UV protective glasses/goggles and plenty of warm clothes in cold weather. A helmet is recommended for all skiing and will be compulsory for race training.</p> <p>Compliance with Resort advice on permissibility of slope safety, checking weather regularly. Always ski on designated slopes not off-piste in groups and make sure friends/committee know where you plan to ski and approximate return time. For avalanche information, refer to guidelines laid down by most websites: <a href="http://www.ski-insurance.com">www.ski-insurance.com</a></p>	
	<b>Race Training</b> Faster speeds		<p>Instructors present on specially designated slopes during racing and race training to supervise and prevent skier collisions and increase safety. Appropriate safety equipment will reduce the risks (hand/arm/pole guards, leg protection, shin guards, helmets and body armour)</p> <p>Those race training to be briefed by instructors on the dangers specific to a race training environment, e.g. proximity of training lanes as well as actions on (falling, having someone ski across you etc.).</p>	
	<b>Socials</b>		<p>Committee members must ensure that members do not consume too much alcohol and bring the club into disrepute.</p>	
	Night skiing		<p>If offered, resort will have one or two brightly lit, wide slopes with ski patrol present. Light conditions are similar to daytime skiing, main variable is temperature.</p> <p>Advice on clothing offered. Reminder of “ski code”</p>	

	Dry-slopes		<p>The Gosling Sports Centre have terms and conditions of use.</p> <p>Minimum clothing for dry slope use is:</p> <p>a) Gloves, long sleeves and long trousers. These are required to reduce the chance of grazing etc.  b) Helmets are required which dramatically reduce the risk of head injuries.</p> <p>First Aid available on site  Protective equipment used.  Priority on slope when training.</p>	
	Snow Dome		<p>Same hazards as in general skiing, freestyle is slightly more hazardous due to the nature of the activity.</p> <p>Correct attire must be worn at all times (it's cold, full ski clothing is thoroughly recommended)  When attending freestyle events helmets must be worn at all times, people must also be of an adequate standard as judged by an instructor before attempting any course.</p> <p><b>For Cuppers Events</b> – OUSSC will ensure that an easy course is set, that weaker skiers abilities are taken into account and that all Cuppers Captains are briefed prior to the Cuppers event.  Rules are to be circulated to all teams.</p> <p>Exclusive use of the training slope for the entire period of the competition.</p>	

	Poor Quality Instruction		<p>Snow Dome: Instruction at snow slopes is provided by the facility. Fully qualified instructors/coaches who undergo stringent training and testing are used. For race training, instructors are often ex-racers of a high calibre, normally with over a decade of experience.</p> <p>Snow: Instruction at resorts is provided by qualified Ski Schools and qualified instructors. For race training, instructors have often been instructing for well over a decade.</p>	
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### **RECOMMENDATIONS FOR RISK REDUCTION**

Action	By When?	By Whom?	Completed
Participants to wear Appropriate clothing and PPE	15 Nov	Club Committee	
Club to ensure they have sufficient insurance a copy to be sent to the Sports Safety Officer	15 Nov	Club Committee	
Copies of instructor qualification and insurance to be supplied to Sports Safety Officer	15 Nov	Club Committee	

Safety brief to be conducted by the committee and to document who has received the brief	15 Nov	Club Committee	
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Club President .....Natasha Jones..... Date .....30-10-15.....

Club Secretary .....Elysia Hannaford..... Date .....30-10-15.....

Health and Safety Officer .....Evelyn Finnie..... Date .....30-10-15.....

### **RISK ASSESSMENT REVIEW**

Date	Comments	Actions	Completed

Club President ..... Date .....

Club Secretary ..... Date .....

Health and Safety Officer ..... Date .....